



THE SPENCER WING

HEALTH SCREENING SERVICES



Thanet's Private Hospital



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Introducing a mobile health screening service

It's a well known fact that in business an employee's time away from the workplace means higher costs for an organisation. Often, it appears little can be done to reduce this burden.

The Spencer Wing offers a cost-effective solution which will keep absenteeism down and at the same time be seen as a positive benefit by your employees.

The Spencer Wing - Thanet's private hospital - already has a good reputation for providing competitively priced health screening to its patients. Now that service can come to you.

Our mobile health screening service provides comprehensive medical checks for senior executives/middle managers as well as those staff working in potentially hazardous surroundings. The Spencer Wing provides a series of packages to meet a wide variety of needs. These can be tailored to an employer's specific health and safety requirements while forming an integral part of the organisation's occupational health programme.

Screening is carried out with modern equipment and personal attention from our qualified professional staff. Each patient receives a personalised medical report and, during the consultation, is offered practical advice on how to maintain a healthy lifestyle.

Regular health screening is necessary to detect diseases which do not provide warning signs. These include the silent killers such as heart disease, diabetes, hypertension and cancers. Early detection and prevention is key to good health in our later years.

Mobile health screening packages

Mobile health screening packages offered by The Spencer Wing are as follows:

- Executive screening for men
- Executive screening for women
- Well man screening
- Well woman screening
- Pre-employment screening
- Medical examination for HGV/PSV certificates
- Drug and alcohol testing
- Long term sickness screening
- Smoking cessation programme

Health screening sessions can be easily arranged with The Spencer Wing by calling 01843 234555. Appointments will be quickly confirmed in writing.

PROGRAMME ONE - Executive screening for men

Consultation and physical examination by the doctor to include:

- Skin
- Ears
- Eyes
- Throat
- Central nervous system
- Respiratory system
- Abdominal system

Health assessment to include:

- Medical/lifestyle questionnaire
- Height, weight and body mass index and body composition test
- Urine analysis
- Resting blood pressure measurement
- Spirometry (lung function test)
- Instruction and information for testicular examination
- Full haematology analysis
- Full biochemistry analysis - including tests for cholesterol, kidney and liver function
- Thyroid function test
- Blood sugar test
- Resting electrocardiogram (ECG) and tracing of heart rhythm
- Eye sight test - keystone
- Hearing test - audiology
- Personal medical report including results and their meaning plus recommendations for improving and maintaining good health

OPTIONAL EXTRAS

- Prostate specific antigen (PSA) (men over 50 years or if clinically indicated)

PROGRAMME TWO - Executive screening for women

Consultation and physical examination by the doctor to include:

- Skin
- Ears
- Eyes
- Throat
- Central nervous system
- Respiratory system
- Abdominal system

Health assessment to include:

- Medical/lifestyle questionnaire
- Height, weight and body mass index measurements
- Urine analysis
- Resting blood pressure measurement
- Spirometry (lung function test)
- Instruction and information for breast examination
- Full haematology analysis
- Full biochemistry analysis - including tests for cholesterol, kidney and liver function
- Thyroid function test
- Blood sugar test
- Resting electrocardiogram (ECG) and tracing of heart rhythm
- Eye sight test - keystone
- Hearing test - audiology
- Personal medical report including results and their meaning plus recommendations for improving and maintaining good health

OPTIONAL EXTRAS

- Cervical smear test (where appropriate)
- Mammogram (where applicable)
- CA125 Blood Test - Ovarian Cancer Marker

PROGRAMME THREE - Well man screening

Health assessment to include:

- Medical/lifestyle questionnaire
- Full medical examination by doctor
- Height, weight and body mass index measurements
- Urine analysis
- Resting blood pressure measurement
- Spirometry (lung function test)
- Instruction and information for testicular examination
- Full haematology analysis
- Biochemistry analysis (to identify diseases of the liver and kidneys)
- Thyroid function test
- Blood sugar test
- Cholesterol test
- Resting electrocardiogram (ECG) and tracing of heart rhythm
- Personal medical report including results and their meaning plus recommendations for improving and maintaining good health

OPTIONAL EXTRAS

- Prostate specific antigen (PSA) (men over 50 years)

PROGRAMME FOUR - Well woman screening

Health assessment to include:

- Medical/lifestyle questionnaire
- Full medical examination by doctor
- Height, weight and body mass index and body mass composition test
- Urine analysis
- Resting blood pressure measurement
- Spirometry (lung function test)
- Instruction and information for breast examination
- Full haematology analysis
- Biochemistry analysis (to identify diseases of the liver and kidneys)
- Thyroid function test
- Blood sugar test
- Cholesterol test
- Resting electrocardiogram (ECG) and tracing of heart rhythm
- Personal medical report including results and their meaning plus recommendations for improving and maintaining good health

OPTIONAL EXTRAS

- Mammogram
- Cervical smear
- CA125 Blood Test - Ovarian Cancer Marker

PROGRAMME FIVE - Pre-employment screening

Health assessment to include:

- Medical /lifestyle questionnaire
- Full medical examination by doctor
- Height and weight measurements
- Urine analysis
- Resting blood pressure measurement
- Spirometry (lung function test)
- Colour blindness test
- Snellens vision test
- Audiology test

PROGRAMME SIX - Medical examination for HGV/PSV certificates

Health assessment to include:

- Full medical examination by doctor
- Height and weight measurements
- Urine analysis
- Resting blood pressure measurement
- Keystone vision test
- Snellens vision test

PROGRAMME SEVEN - Drug and alcohol testing

- Collection of urine sample by nurse following legal chain of custody

PROGRAMME EIGHT - Long term sickness screening

- Consent to report from patient
- Medical examination by doctor
- Written medical report to company

PROGRAMME NINE - Biological isocyanates monitoring

- Collection of urine sample
- Vitalograph (lung function test)
- Written medical report to company

PROGRAMME TEN - Smoking cessation programme

- Medical/lifestyle questionnaire
- Medical consultation with doctor
- Supply prescription of appropriate medication
- Personal report by doctor including recommendation for improving and maintaining health
- On completion of programme, review appointment with member of nursing staff

Please use this space to make a note of any questions you wish to ask:

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How to find The Spencer Wing



From Faversham, Whitstable & Herne Bay - Take Thanet Way (A299) to St Nicholas roundabout, turn on to Canterbury Road (A28) for Birchington and Margate. Arriving in Westbrook, turn right on to George V Avenue (B2052). At next main junction turn right to pass Margate FC ground and on to traffic lights at top of hill. Turn left here and filter into right hand lane following this to another set of lights. Turn right on to Ramsgate Road (A254) and after a quarter mile turn left into hospital complex. Take first left turning and follow signs to The Spencer Wing car park,

From Ashford & Canterbury - From Canterbury city centre, take Canterbury Road (A28) through Slurry, Westbere, Upstreet and St Nicholas then follow directions as above from St Nicholas roundabout.

From Sandwich, Deal & Dover - Follow A256 from Sandwich to Ramsgate and Broadstairs. At Westwood roundabout turn left towards Margate - this is Ramsgate Road (A254) - and after 1.5 miles, turn right into hospital complex. Take first left turn and follow signs to Spencer Wing car park.

If in doubt, please look for QEQM Hospital A&E on local road signs. The Spencer Wing is a separate building next to this department.

East Kent Medical Services Ltd The Spencer Wing

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